

# Australian Eurasian Association of WA Inc.



# The Eurasian

November 2023

Volume 126 Issue 114

## MESSAGE FROM THE PRESIDENT

Dear Members

Once again we are happy to report a successful Sunday Lunch. To music duo, Michael and De, thank you for entertaining us with a great selection of songs which got people dancing from the word go.

Our next lunch will be held on 12th November and we have the very talented Hans Vernie to entertain us during the afternoon. Hope to see you then to support him and also meet up with friends and enjoy a meal. The theme of this luncheon is about the *Remembrance* of all fallen soldiers. We plan to have a short balloon releasing ceremony, including a minute's silence.

The Christmas party for Children will be held from 10am to 12noon, on 10th December 2023. A big thank you to Julia and Ian Jansen for donating a novelty bag for each child, who will also receive Santa gift, lunch box and entertainment by Santa himself! More information inside the newsletter.

Another Belmont Bingo Blitz is planned for Sunday 26th November. Please put that in your calendar, also let us know if you're coming. There will be tea, coffee and chocolate available for a gold coin donation.

Thank you everyone.

Warm regards,

Kay Klass - President



**Seniors Recreation  
Council of WA Inc.**

Sponsors of  
The Eurasian Newsletter



# The Eurasian

The Australian Eurasian Association of WA Inc is very honoured to have association with the Senior Recreation Council of WA Inc (SRCWA). SRCWA kindly sponsors the printing of our monthly newsletter and many other printing requirements of AEAWA.

Below is a flyer of the SRCWA's annual event for Seniors. We encourage all our club members to make a visit to the Have A Go Day, on Wednesday, 15 November 2023.

## HAVE A GO DAY HISTORY

Have a Go Day has grown from its humble beginnings at Taylor Reserve and McCallum Park with attendances of approximately 500 seniors, to Have a Go Day a LiveLighter Event in the beautiful grounds of Burswood Park with attendances now averaging 15,000+ people with 220 site holders.

Seniors who attend participate in a range of activities and visit many information sites on offer.

Have a Go Day is designed to make seniors aware of the importance of exercise, socialisation and both physical and mental activity.

Have a Go Day, a LiveLighter Event is now regarded as the premier event for Western Australia's Seniors Week.

**Seniors Recreation Council of WA Inc.**

PATRON:  
His Excellency the Honourable Chris Dawson AC  
APM, Governor of Western Australia

# Have a Go Day

A LiveLighter Event

## Wednesday 15th November 2023

Burswood Park 9.00am to 3.00pm, Great Eastern Highway

**Free Activities and Information day for over 50's**

### "Time to Have a Go"

Featuring Activities, Clubs/Groups, Seniors & Commercial Agencies

**08 6118 2718 [www.srcwa.asn.au](http://www.srcwa.asn.au)**

Free tea, coffee & bottled water available all day.  
Food Vendors in attendance.

➡ FREE Shuttle Bus Service Burswood Train Station ➡ FREE Parking at Crown and Surrounding Carparks

**SPONSORS**

BURSWOOD PARK BOARD, CROWN, lotterywest supported, PHOENIX INSURANCE BROKERS, Have-a-Go NEWS, LIVELIGHTER, healthway, Supported by GOVERNMENT OF WESTERN AUSTRALIA, 6PR PERTH, Juniper, Curtin, T, KINGS Tours and Travel, Classic Hire, Scarboro Toyota Osborne Park, TOYOTA

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## WINNERS

Winners must be present to claim prizes.

### Lucky Numbers - Draw #1

\$25 - Vanessa Johannes  
\$15 - James De Souza  
\$10 - Wilfred Koh

### Lucky Numbers - Draw #2

\$25 - Daisy Westerhout  
\$15 - Vanessa Johannes  
\$10 - Valerie Goonting

### Members' Draw

Michael & Margaret  
Chowdhurie -\$20

Jackpot \$20



## Calendar of Events

NOV 2023	12 - Sunday Lunch (Remembrance) 26 - BINGO
DEC 2023	5 - The Great Eurasian Escape 6 - The Great Eurasian Escape 10 - Sunday Lunch & Children's Christmas Party
JAN 2024	14 - Sunday Lunch 21 - BINGO
FEB 2024	11 - Sunday Lunch
MAR 2024	3 - BINGO 10 - Sunday Lunch
APR 2024	21 - Annual General Meeting
MAY 2024	12 - Sunday Lunch 19 - BINGO
JUN 2024	9 - Sunday Lunch
JUL 2024	14 - Sunday Lunch 21 - BINGO
AUG 2024	11 - Sunday Lunch
SEP 2024	8 - Sunday Lunch (Father's Day) 22 - BINGO
OCT 2024	13 - Sunday Lunch



Please register your interest via SMS or EMAIL or PHONE or on Expression of Interest forms.

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## SUNDAY LUNCH ENTERTAINMENT

**NOVEMBER**

12th Nov 2023

***Hans Solo***



**DECEMBER**

10th Dec 2023

***Sabrina & Friends***



**JANUARY**

Break time

***Siesta break -  
so no monthly  
lunch***

**FEBRUARY**

11th Feb 2024

***tba***

**MARCH**

10th Mar 2024

***tba***



**APRIL**

21st Apr 2024

***AGM -  
so no monthly  
lunch***

**MAY**

12th May 2024

***tba***

**JUNE**

9th June 2024

***tba***

**JULY**

14th July 2024

***tba***



We are ever grateful to our guest performers, who sacrifice many hours of their precious Sundays, to come and entertain us at the monthly Eurasian Sunday Lunches. They perform for us free of charge. Thank you, thank you, thank you.



# The Eurasian

## Sunday Lunches

**Cost:** Members - \$9  
Members (80+) - \$5  
Members (90+) - \$Free  
All Guests - \$11

**Tickets:** First come, first served.  
Lunch tickets cannot be issued in advance.

**Sweets:** Served after lunch

**When:** 2nd Sunday of every month,  
(except May)  
(No lunch in January & April)

**Where:** Redcliffe Community Centre  
33 Morgan Road, Redcliffe  
(or via Grand Parade, Redcliffe)

**Doors:** 11am

**Time:** Lunch is served from 12 Noon

Prawn  
Noodle  
Soup



Mee  
Rebus



Beef  
Brisket



Kolo Mee



### Notes:

***To be fair, we would be grateful if you could please refrain from:***

- Reserving seats;
- Purchasing lunch tickets before person arrives;
- Queueing before your ticket number is called;
- Purchasing more than one sweet package; and
- Bringing in outside food or drinks (alcohol/nibbles ok)

### ***Please also:***

- Display your membership card at the time of paying;
- Bring the correct change (whenever possible); and
- Fill in the Visitor Book, if you have brought a friend/s.

# The Eurasian

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We warmly welcome all guests to the club, and encourage members to bring friends and family along to our monthly gatherings.

Let's build a vibrant community ~ full of friendship and love for one another!

We kindly request all guests to sign the **Visitor Book** upon arrival, so that we may acknowledge and welcome them during the proceedings of the day.

## Members' Affairs

Fees for membership are very affordable. Your membership subscriptions are key to keeping the association alive.

### MEMBER FEES (increased April 2023)



- Family - \$35 per annum (\$100 - 3 years) PLUS one off joining fee of \$20
- Single - \$25 per annum (\$ 71 - 3 years) PLUS one off joining fee of \$20
- Seniors - \$20 per annum (\$ 57 - 3 years) PLUS one off joining fee of \$20

We encourage membership renewals by 31st December each calendar year. Renewals may be made by:

- Direct deposit  
*Australian Eurasian Association of WA Inc.*  
*BSB 066-153 ACCOUNT: 1084 7945*
- Post P O Box 875, Cloverdale WA 6985

Download the application form on our website [www.eurasianwa.com.au](http://www.eurasianwa.com.au)

We warmly welcome new members to our club. Joining is easy. Simply complete a membership application form, available from any committee member, or download from our website: [www.eurasianwa.com.au](http://www.eurasianwa.com.au)

## NEW MEMBERS

Please extend a very warm welcome to the following new member of the association:

- Stephanie Deacon



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## PRIVACY

Photos and videos of members and friends of the association are regularly posted in the newsletter, on Facebook and the Website. Please do let us know if you do not wish to be included so that we may remove your photos accordingly.

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**L-R** Gary Aviet (Vice President), Roy Wieffering (Treasurer), Garrath Ishiguchi, Francisca Scully, Mario Byrne, Valerie Paul, Kay Klass (President), Brenda Parasuraman, Karina Klass (Secretary), Margaret Chowdhurie, Rex Frugtriet, Joe Parasuraman.

**ALL OF YOUR COMMITTEE**, with the exception of Gary Aviet, will retire from their positions at the next AGM, which will be held on Sunday, 21st April 2024. If you would like to nominate any existing member for re-election, or if you think someone else can take on one of the various roles, please complete the nomination forms available from a committee member or at the Sunday lunches.

## POSTAL ADDRESS

AEAWA  
P. O. BOX 875  
CLOVERDALE WA 6985

## \* NEW EMAIL

[eurasianwa@gmail.com](mailto:eurasianwa@gmail.com)

## \* NEW WEBSITE

[www.eurasianwa.com.au](http://www.eurasianwa.com.au)

## PHONE

0405 520 064

## \*NEW BANK !!

BSB 066-153  
ACCOUNT 1084 7945

## MANAGEMENT COMMITTEE

[eurasianwa@gmail.com](mailto:eurasianwa@gmail.com)

[www.eurasianwa.com.au](http://www.eurasianwa.com.au)

Kay Klass	President	0410 478 334
Gary Aviet	Vice President	0413 240 429
Karina Klass	Secretary	0405 520 064
Roy Wieffering	Treasurer	0432 591 979
Mario Byrne	Member	
Margaret Chowdhurie	Member	0403 179 505
Rex Frugtriet	Member	0412 108 381
Garrath Ishiguchi	Member	0433 336 573
Brenda Parasuraman	Member	0405 636 008
Joe Parasuraman	Member	0411 494 888
Valerie Paul	Member	0419 427 952
Francisca Scully	Member	0448 366 199

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## SUBSCRIPTIONS DUE



**DUE 31st December 2023**

\$20 per annum - pensioner single  
\$20 per annum - pensioner couple  
\$25 per annum - single  
\$35 per annum - couple/family

## NEW BANK ACCOUNT

Yes, we have a new bank account.  
Please update your records.  
Information as follows:



**Australian Eurasian Association of WA Inc.**  
**BSB 066-153**  
**Account: 1084-7945**



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## BELMONT



**GET READY TO SHOUT  
"BINGO!" AND WIN SOME  
AMAZING PRIZES AT THIS  
FUN-FILLED EVENT.**

**Sunday,  
26th November 2023**

**EYES DOWN 1:30pm**

**Cash ONLY  
BOOKS \$15 ~ FLYERS \$2**

**BYO Snacks and Drinks**

Belmont Park Tennis Club  
351 Robinson Avenue, Cloverdale

Hosted by: Australian Eurasian Association of WA Inc.

We have shifted our Bingo to Belmont! Yes, we will be holding a bi-monthly Belmont Bingo Blitz at the lovely Belmont Park Tennis Club.

### **NEEDED:**

- 1 x Bingo Caller
- 2 x Runners/Checkers
- 2 x Book sales
- 1 x paraphernalia & lucky number sales
- 2 x set up/take down volunteers

**Volunteers  
needed**

Please get in touch with us if you would like to volunteer. We really need your help.



# The Eurasian

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## Book Launch

### The Eurasian Table - Second Helpings Cookbook

After years of pouring my heart and soul into this project, I am so thrilled to reveal our cookbook cover! This is my labour of love with my 90 year old Nan. I always tell people I am not a cook, I am not a chef, I am just a girl who adores her grandmother and wants her grandmother's story told. This is a treasure trove of deliciousness, heritage, stories and flavours.

My grandma's kitchen is a place of comfort for me and I hope the dishes in this book become a part of your kitchen as well. Eurasian cuisine in Singapore reflects our community's history of mixed heritage and cultural diversity.

Heedayah Lockman has breathed life into our cookbook cover, infusing it with the same passion and creativity that inspires every recipe within these pages.

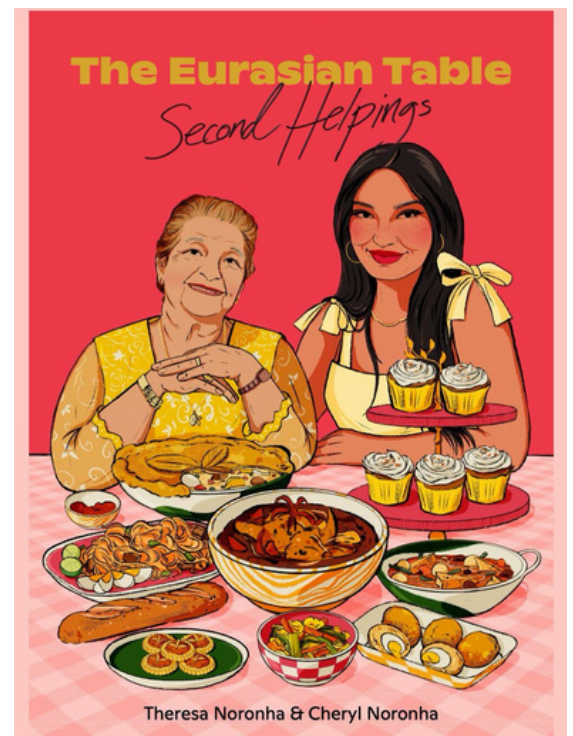
Pre-orders are now open!

Launch of The Eurasian Table - Second Helpings Cookbook.

Please contact Cheryl at +6597821172 for a copy of ***"The Eurasian Table - Second Helpings Cookbook"***.

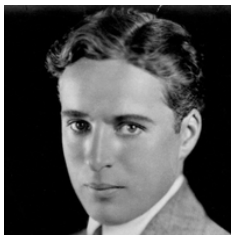
We will be coming to Perth and can help bring the books without any shipping costs. (Current shipping fees are \$38 per book so this will be huge savings for you!) There are 56 lovely Eurasian recipes in this book.

The books are \$55 Singapore dollars each. Please message us before the deadline of 3rd November. Thank you!



# The Eurasian

Smile though your heart is aching, Smile  
even though it's breaking  
When there are clouds in the sky, you'll  
get by  
If you smile through your fear and  
sorrow, Smile and maybe tomorrow  
You'll see the sun come shining through  
for you  
Light up your face with gladness, Hide  
every trace of sadness  
Although a tear may be ever so near  
That's the time you must keep on trying,  
Smile, what's the use of crying?  
You'll find that life is still worthwhile  
If you just smile



~Charlie Chaplin



"A smile costs nothing, but gives much. It enriches those who receive it, without making poorer those who give. It takes but a moment, but the memory of it sometimes lasts forever. None is so rich or mighty that he can get along without it, and none is so poor but that he can be made rich by it.



## Children Tend to Smile More Than Adults

Did you know that children smile up to 400 times a day, while adults smile only about 20 times per day? This is probably due to the fact that children have fewer responsibilities than adults and much less to worry about.

## It Takes Less Effort to Smile Than to Frown

Did you also know that it takes around 50 muscles to make a frown, but only about 13 to smile? This means it's easier to be cheerful than grouchy! And, smiling feels better than frowning so the next time you're feeling down, just turn that frown upside down!

## Other benefits of Smiling

As a result, if you want to relax and get your dose of happiness hormones, smile wider and avoid frowning. Rather, not stress itself, but the production of cortisol, and at the same time contributes to the production of the hormone of happiness – endorphin. This same beneficial hormone helps us relieve pain.

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## CHILDREN'S CHRISTMAS PARTY

We are pleased to announce that Brandon Chowdhurie will be heading the entertainment for this year's Children's Christmas Party!

Brandon will be providing some awesome music as well as cool kids' dancing games.

Each child will receive a packed lunch box and a Novelty Bag prior to the highlight event of the morning when Santa Claus and his Elf helper arrive, around 11.30 am, to personally distribute the presents.

We hope to make this jolly season an amazing one for the Club's children and grandchildren!

Please participate and encourage other children to attend this fantastic event. Application forms are available, however, spaces are limited.

See you all there!





# The Eurasian



## Shariffah Agil

Licensee / Principal  
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Perth WA 6000

Opening Hours  
Monday – Friday  
9 am to 5 pm  
Saturday – Sunday  
By appointment

As the sole proprietor and sales agent of Agile Realty Perth, Shari is a real estate heavy-hitter who loves every minute of her job. As a qualified Licensee (Diploma of Property Services – Agency Management) and Interior Designer, Shari has established herself as a highly skilled agent, committed to perfecting her craft over the 11-year course of her real estate career in Perth. Shari actively participates in professional development which ensures her position as a lead agent in Perth's property market.

One of Shari's core values is to ensure that every single one of her clients receives the very best from her at all times. Shari is dedicated to ensuring that she is able to add value to everyone she comes across, in both a personal and professional sense.

Shari's multicultural background and her adaptability enables her to offer new perspectives to her clients. She is renowned for her infectious charm, integrity and problem-solving skills which has earned her an outstanding reputation amongst her clients and peers in the real estate industry.

## CHAPELS ON WHATLEY TRADITIONAL HIGH TEA



Transport yourself back to the days of old, during British colonisation, high tea in the French quarter of Shanghai in the 1920s - 30s, or Singapore High Tea at the Raffles Hotel.

Even in the grand hotels of India, or in the port of Melaka in Malaysia - all have a culture steeped in British history ever evolving and manifesting into the Eurasian heritage we see today.

196 WHATLEY CRESCENT, MAYLANDS  
SMS 0452 295 196

\$49.95